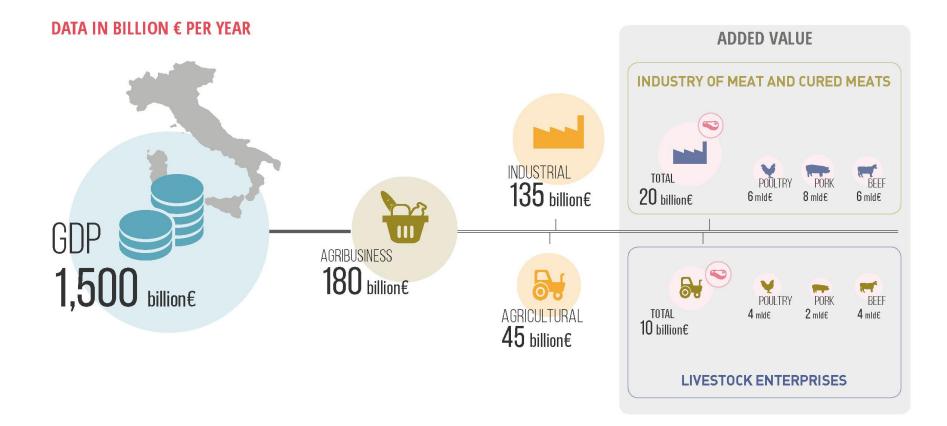
THE SUSTAINABILITY OF MEAT AND CURED MEATS IN ITALY

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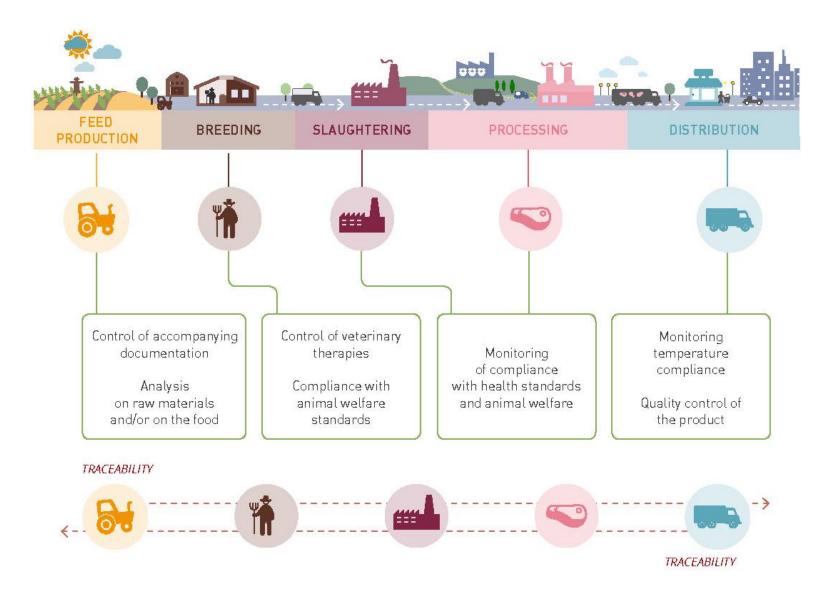
THE 5 ASPECTS OF MEAT SUSTAINABILITY



ECONOMIC VALUE OF THE MEAT SECTOR IN ITALY



MEAT TRACEABILITY: MAIN CONTROLS CARRIED OUT



MEDITERRANEAN DIET: ALL THE FOODS, RIGHT QUANTITIES



NUTRIENTS OF MEAT

| VITAMIN A essential for the skin, eyesight, healing, growth and immune defence (present in the liver) | POTASSIUM helps regulate salt balance and body fluids, influences muscle activity, especially the heart | PANTOTHENIC ACID essential in the metabolism of carbohydrates, proteins and fats and for the synthesis of vital compounds | IRON (HEME) for haemoglobin constitution, for the transport of oxygen, increased resistance to infection and permits cell respiration | BIOTIN essential component of enzymes and co- enzymes; plays an essential role in the metabolism of fats and proteins | PHOSPHORUS helps maintain healthy teeth and bones, DNA components and cell membranes |
|---|---|---|---|--|---|
| VITAMIN GROUP B (B1, B2, B6) to use the energy from carbohydrates, protein an essential for growth | nd fat, | | | ZINC | CHROME necessary for the metabolism of carbohydrates |
| VITAMIN B12 essential for the formation red blood cells and the pro- functioning of the nervous system | of per | NUTRIENT | | promote comport f t | ulate growth, e healing, a nent of insulin PROTEIN high biological value, rissue constituents, |
| VITAMIN D necessary for bone formation, it prom the absorption of o (present in the live | otes of energy calcium and glycos | ation VITAMIN K | SELENIUM antioxidant, essential in tissue respiration and metabolism of fats | FAI i | hormones, enzymes, immunoglobulin, energy sources |

FATS AND CHOLESTEROLS: A PROBLEM SOLVED

| BEEF | FATS | REDUCTION | |
|------------|------|-----------|-----------|
| DEEF | 1996 | 2007 | NEDOCITON |
| EYE ROUND | 2.8 | 1.1 | -61% |
| TENDERLOIN | 5.0 | 2.2 | -56% |
| STRIPLOIN | 5.2 | 2.9 | -44% |

| PORK | FATS | DEDUCTION | |
|-----------------------|------|-----------|-----------|
| FURN | 1993 | 2011 | REDUCTION |
| BAKED HAM | 14.7 | 7.6 | -49% |
| HAM (San Daniele IGP) | 23.0 | 18.6 | -19% |
| MORTADELLA | 28.1 | 25.0 | -11% |

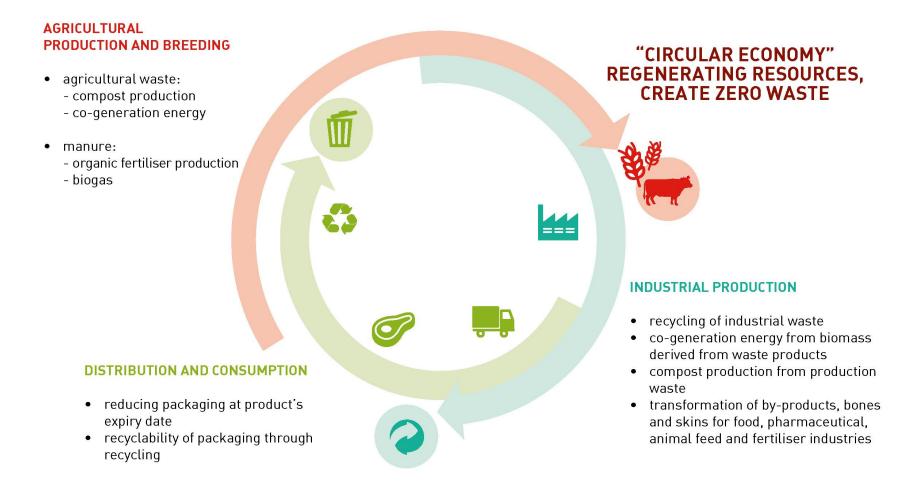
APPARENT CONSUMPTION VS REAL CONSUMPTION IN ITALY

Avarage data 248 250 245 237 g/day 217 200 150 110 Avarage data 103 96 g/day 100 76 preferible consumption 50 GIRA (2015) FAOSTAT (2011) **ISMEA (2008)** INRAN (2005-2006) GFK EURISKO (2013) ASPA (2016) APPARENT CONSUMPTION REAL CONSUMPTION

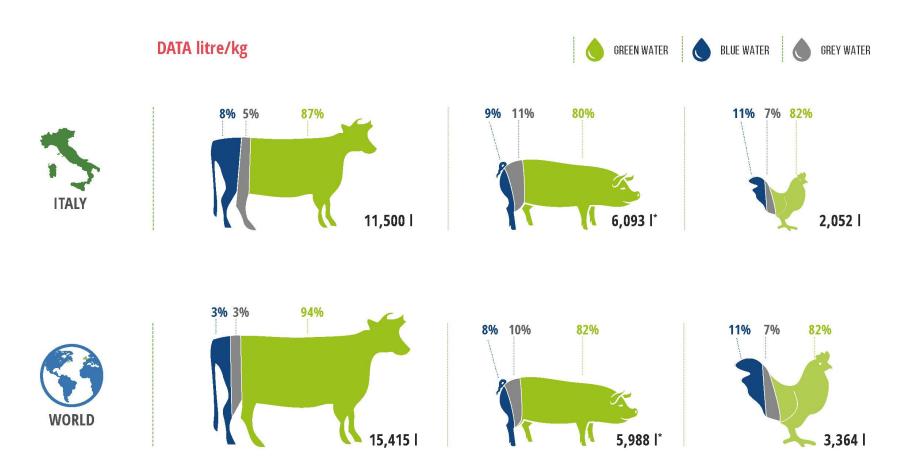
PER CAPITA TOTAL g/day

Estimation based on production data for macro-economic assessments. It is not feasible for use in nutritional considerations Based on surveys involving consumers with the aim of assessing nutritional habits

ANIMALS AND PLANTS: TWO SYSTEMS INTERLOCKED



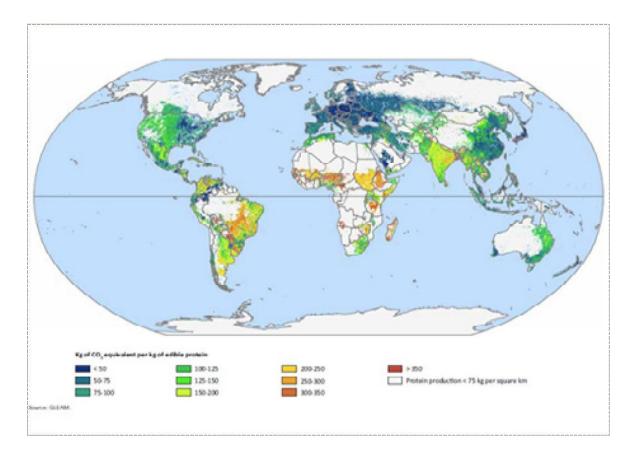
THE WATER FOOTPRINT OF MEAT



*The figure refers to heavy pigs (160 kg, 9.11 months of age) while the most common pigs abroad weigh 80/100 kg (7.5 months)

TO REDUCE IMPACTS SEARCHING FOR EFFICIENCY

The European production systems are among those characterised by a LOWER ENVIRONMENTAL IMPACT PER KG OF PROTEIN*



* FAO'S GLEAM PROJECT

THE COMMITMENT OF LIVESTOCK SECTOR

THE LIVESTOCK SECTOR HAS MANY WAYS TO REDUCE THE ENVIRONMENTAL IMPACTS, ESPECIALLY FOR THE AGRICULTURAL AND BREEDING PHASES THAT HAVE THE HIGHER RELEVANCE.



PRODUCTION OF BIOGAS



SOLAR POWER



MANAGING MANURE



PRECISION AGRICULTURE



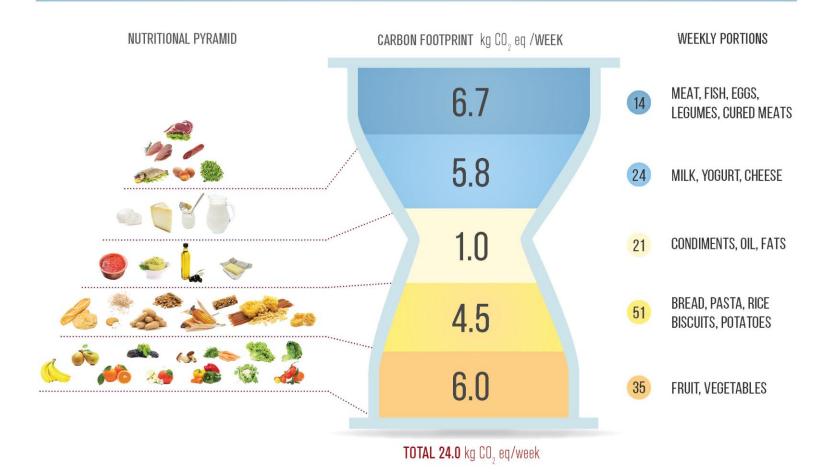
PROJECT CHANGE-R





THE ENVIRONMENTAL HOURGLASS

THE ENVIRONMENTAL HOURGLASS®



THE ENVIRONMENTAL HOURGLASS IN A VIDEO

Science of the Total Environment 574 (2017) 829-836



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Short Communication

Assessment of diet-related GHG emissions using the environmental hourglass approach for the Mediterranean and new Nordic diets

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How was it built



- The **Mediterranean Diet** includes the balanced consumption of every food type, without any exclusion
- Environmental claims and labels aim to support the consumers in identifying the most «virtuos» product within the same food/product group. Different food groups should never be compared on the basis of their environmental impact since they have different functionalities.
- There is no «perfect food»: every choice should be taken on the basis of one's ethical values and taking the context into consideration
- The meat sector should commit to improving those critical aspects that still exist: this can only be achieved by focusing on **mid-term goals**.

SCIENTIFIC AND EDUCATIONAL GOALS FOR THE FUTURE

- Developing realistic scenarios for risk assessment and management of the meat productions
- Developing archive, data storing for quantitative assessment (LCA)
- Setting benchmark and transformation factor for realistic LCA assessment
- Linking ecosystem services and protecion goal of the above scenarios at different temporal and spatial scales.
- Developing reliable sustanaible programs for meat production and farm organisation
- Set up certification label and corporate social responsability
- Educational, training programs for helping cultural challeng in the meat chain sector

THE ACTIVITIES OF CARNI SOSTENIBILI

The Association sustainable meats activities are based on three main areas covering:

- The "institutional" communication
- The presence in the social world;
- The organization of technical support documents for scientific communication.
- Organization of scientific events, press conference, ect

CARNI Sostenibili

Media comunication,

event, symposium, ect

The sustainability meat and cured meat in Italy .Publishing of scientific report.



Social media presence

Linked in

THE PUBLISHED MATERIALS

The meat sustainability in Italy

Technical repository of information on sustainability of the meat in Italy. First edition published in 2014, second in 2016.



Versione completa – 280 pagg.



Sintesi – 36 pagg.

Nutritional document

At each event they were published thematic and specific documents on the topics discussed from time to time







www.carnisostenibili.it





